

#FITEOPEN2022



SPANISH

FITE OPEN 2022

MADRID



NOVEMBER 12TH, 2022  
SPORTS HALL SUPERA PARLA ESTE  
START TIME: 10:00H

ORGANIZER: FEDERACIÓN INTERNACIONAL TAEKWON-DO ESPAÑA (REG. MIN. INTERIOR F-2239)



ClickRadio TV



Bendita Lokura



# NATIONAL F.I.T.E. OPEN TOURNAMENT 2022

## OFFICIAL INVITATION

On behalf of the organizing committee, I have the honor to invite you to participate in the National F.I.T.E. Open Tournament 2022, that will take place on November 12<sup>th</sup> 2022, in the town of Parla, Madrid.

**PLACE:** Sports hall "Complejo Deportivo Supera, Parla Este".  
Av. De Los Planetas 42 Zip: 28983  
Parla  
Madrid

**AIRPORT:** MADRID BARAJAS

### **How to get to the sports hall:**

*With the **Moovit** mobile application, you can find different routes on public transport to get to the sports complex.*

Bus: Number 3 and 469  
Train: C4A, C4B  
Light Rail: T-1

**Date:** Saturday November 12<sup>th</sup>, 2022

### **TIME SCHEDULE:**

#### **Friday 11<sup>th</sup>**

**18:00 - 22:00.** arrival of delegations and weigh-in.

#### **Saturday 12<sup>th</sup>**

**8:15 – 9:15 hs.** Umpires and coach meeting (in the sports hall.)

**9:15 – 9:45 hs.** Opening ceremony.

**10:00 Hs.** Beginning of the children's competition followed by the Junior and Veterans color belts, ending with the Black belts.

**The tournament will be held continuously from the start of the competition until the end of it.**

### **VERY IMPORTANT:**

**The organization reserves the right to modify the order of the competition according to its own criteria, which will be duly communicated to the delegations.**

**RULES** I.T.F with modifications.

**DRESS CODE**

ITF Dobok (White color).

Approved red and blue gloves and boots with covered fingers (Macho, Gran Marc, Top Ten or similar) *Black belts may wear closed 10-Oz gloves with Velcro closure.*

Groin protector (inside the pants)

Shin guards (Optional up to 13 years old / Mandatory for Junior, Adults and Veterans)

Mouth guard (Optional up to 13 years old / Mandatory for Junior, Adults and Veterans)

Helmet (Optional)

Female breast protector (Optional up to 13 years old / Mandatory for Junior, Adults and Veterans)



**APPROVED**

**10 oz with velcro closure  
only black belts.**

**The organization will be very strict in controlling the RED and BLUE protections for juniors, adults and veterans.**

**Documents**

- Individual health insurance.
- Proof of Gup or Dan.
- Those under 18 years of age must submit the authorization of their parents, with the corresponding signature, in order to participate.

**All this documentation will be mandatory to participate in the tournament.**

**Categories:** Individual Sparring – Individual Tul (a single Tul will be performed in the preliminary rounds. In the finals, one optional and one mandatory Tul.

Breaks of special techniques and power for the adult categories of Blue Belt and above. In the breaks, a qualify technique must be indicated in the registration.

## **Duration of rounds in preliminary rounds and finals:**

### **KIDS**

**Up to 8 years**, 1 round 1minute 30 seconds (In these categories contact to the face with hands is prohibited)

**9 to 13 years old**, 1 round of 2 minutes.

### ***JUNIOR (A 14-15 – B 16-17) ADULTS (18 - 39)***

Junior and adult preliminary rounds, 2 rounds 1 minute 30 seconds, with 30 seconds of rest.

FINALS, 2 rounds of 2 minutes with 1 minute rest.

### ***VETERANS (40 and above)***

Preliminary rounds 1 round of 2 minutes.

Finals 2 rounds of 1 minute with 30 seconds of Rest.

### ***Categories:***

#### **KIDS: 5 to 13 years old**

<b>Male</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts
<b>Female</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts

#### **TUL (if there are not many competitors in some divisions, mixed categories will be made)**

<b>Male</b>	-5	6-7	8-9	10-11	12-13
<b>Female</b>	-5	6-7	8-9	10-11	12-13

### **SPARRING MALE:**

<b>- 5</b>	-19 kg.	19 - 23 kg.	23 - 27 kg.	+27 kg.		
<b>-7</b>	-19 kg.	19 - 23 kg.	23 - 27 kg.	27 - 31 kg.	+31 kg.	
<b>- 9</b>	-23 kg.	23 - 27 kg.	27 - 31 kg.	31 - 35 kg.	35 - 39 kg.	+39 kg.
<b>- 11</b>	-31 kg.	31 - 35 kg.	35 - 39 kg.	39 - 44 kg.	44 - 49 kg.	+ 49 kg.
<b>- 13</b>	-43 kg.	43 - 47 kg.	47 - 51 kg.	51 a 56 kg.	56 - 61 Kg	+ 61 Kg

### **SPARRING FEMALE:**

<b>- 5</b>	-19 kg.	19 - 23 kg.	23 - 27 kg.	+ 27 kg.		
<b>-7</b>	-19 kg.	19 - 23 kg.	23 - 26 kg.	26 - 29 kg.	+29 kg.	
<b>- 9</b>	-21 kg.	21 - 25 kg.	25 - 29 kg.	29 - 33 kg.	33 - 37 kg	+ 37 kg
<b>- 11</b>	-29 kg.	29 - 33 kg.	33 - 37 kg.	37 - 41 kg.	41 - 45 Kg	+ 45 Kg
<b>- 13</b>	- 41 kg	41 - 45 kg.	45 - 49 kg.	49 - 53 kg.	53 - 57 Kg	+ 57 Kg

### **JUNIOR: 14 - 17 años**

Individual Sparring (A 14 - 15) (B 16 - 17). Individual Tul 14 a 17 **(if there are not many competitors in some divisions, mixed categories will be made)**

<b>Male</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts
<b>Female</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts

<b>Male</b>	- 45 kg.	- 51 kg.	- 57 kg.	- 63 kg.	- 69 kg.	- 75 kg.	+ 75 kg.
<b>Female</b>	- 40 kg.	- 46 kg.	- 52 kg.	- 58 kg.	- 64 kg.	- 70 kg.	+ 70 kg.

### **ADULTS: 18 - 39 años**

Individual Sparring, Individual Tul **(if there are not many competitors in some divisions, mixed categories will be made)**

<b>Male</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts
<b>Female</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts

<b>Male</b>	- 50 kg.	- 57 kg.	- 64 kg.	- 71 kg.	- 78 kg.	- 85 kg.	+ 85 kg.
<b>Female</b>	- 45 kg.	- 51 kg.	- 57 kg.	- 63 kg.	- 69 kg.	- 75 kg.	+ 75 kg.

### **VETERANS: 40 and above**

<b>Male</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts
<b>Female</b>	Up to Yellow	Up to Green Blue tag	Up to Red Black Tag	Black belts

<b>Male</b>	- 66 kg.	- 73 kg.	- 80 kg.	- 87 kg.	+ 87 kg.
<b>Female</b>	- 56 kg.	- 63 kg.	- 70 kg.	- 77 kg.	+ 77 kg.

**The organization reserves the right to modify the categories according to the proper functioning of the competition, which will be duly communicated to the delegations**

### **Coach**

Only one coach will be allowed near the competition area. He/She must wear a tracksuit and slippers, carrying a towel with you. (No shorts or Dobok will be allowed)

**Official protests will be made upon payment of 100€**

**Inscription fee:**

KIDS (up to 13 years old): 30 €  
ADULTS (14 and above): 40 €

**Photographic option:**

The tournament will feature the exclusive work of the photographic studio "Retratos and Relatos" <https://retratosyrelatos.com/> that will be working throughout the day. For this reason, it offers the acquisition of a personalized Digital Certificate of participation, with a portrait of each participant. Early booking (until November 5th included) will have a discount of approximately 13%, with the final cost being €7.



Registrations must be paid at the time of weigh-in.

**Registration deadline: October 28, 2022.**

REGISTRATION: online [www.tkd-reg.com](http://www.tkd-reg.com)

**UMPIRES:**

All schools must provide a minimum of 1 referee for every 10 competitors. Clubs that do not provide referees must pay €50 for every 10 competitors.

**DRESS CODE**

Navy blue jacket.  
Navy blue pants (no jeans)  
Plain navy-blue tie.  
White long-sleeved shirt.  
White socks.  
White shoes.

**Under 18 years old:**

Parental authorization must be presented in order to compete.

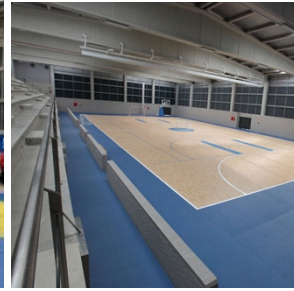
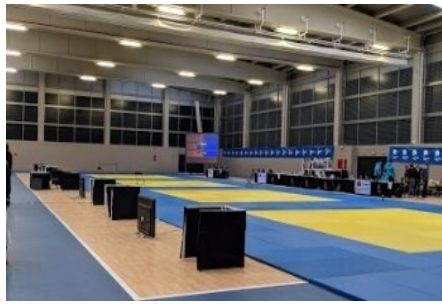
**IMAGE RIGHTS:**

**The corresponding authorization must be signed to be able to publish and broadcast images of the competition for advertising purposes, on social networks, press, TV and multimedia. Those who do not authorize the use of their image will not be able to compete.**

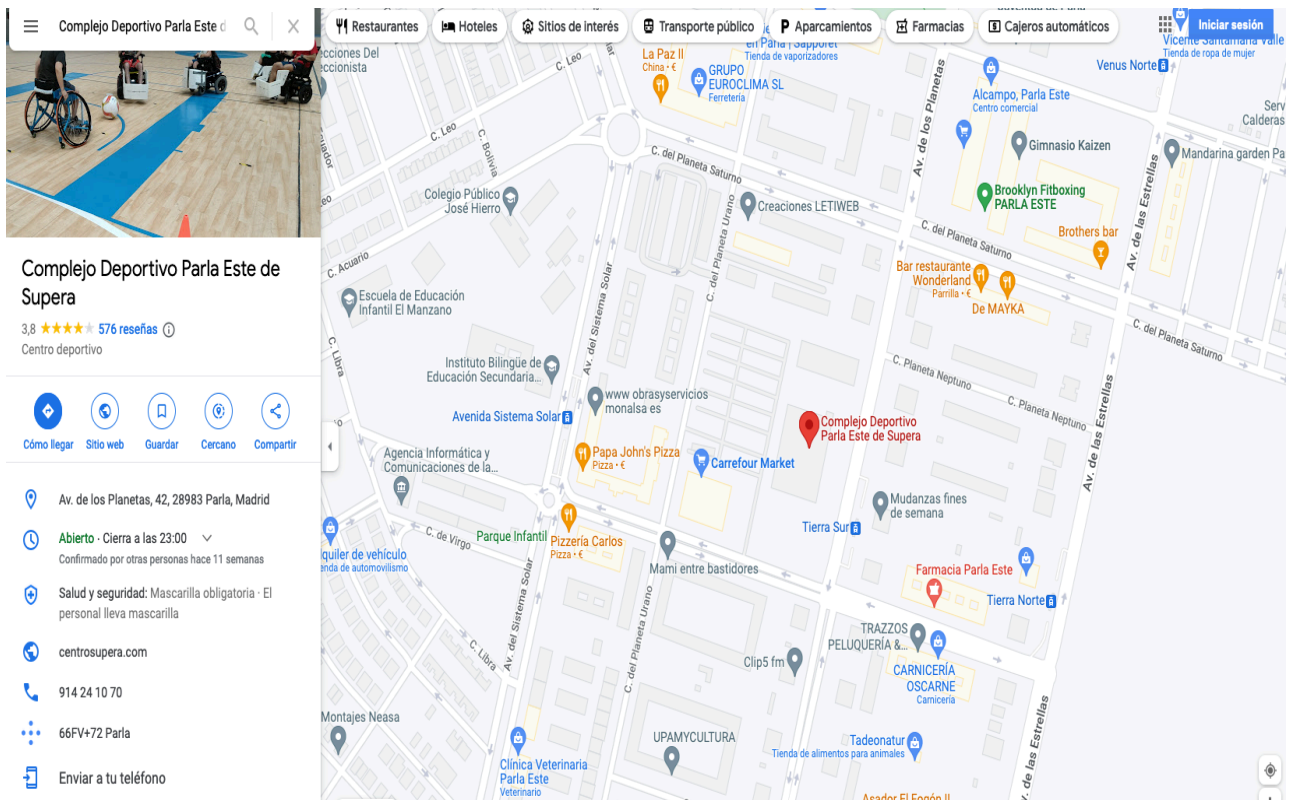
**Hotels:** Free of choice.



## Sports Hall – PARLA ESTE



## Image Google Maps



COMPETITION AREA (Preliminary layout)

